
Subject: Soy and infertility and birth defects
Posted by [Kathy](#) on Mon, 21 Aug 2006 18:26:51 GMT
[View Forum Message](#) <> [Reply to Message](#)

Just wondering if anyone else has come across information regarding the connection between consumption of soy and problems conceiving. There has been an increasing amount of soy products added to food in the past years. Also, my oldest daughter is pregnant and I am concerned because I heard that soy consumption (TVP, tofu, soybean oil, etc) can cause birth defects. Please let me know if anyone else has any information, because now that I'm reading labels for it, soy in some form is in almost everything (especially soybean oil)!
