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Subject: First post - pg @ 41

Posted by [Jamie](#) on Mon, 30 May 2011 15:29:55 GMT

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I'm not doing well enough to sit for any length of time at the computer (morning sickness), but while I it was on I am using the opportunity to post an introductory post.

This will be my first child in 19 years. I'm a nearly empty nester as it is, and will be 42 when this baby arrives late this December.

Despite having wanted another child for years, I have to say that news of our conception came one month after I had written off ever having another. We weren't having infertility problems, it just wasn't happening once we decided to try...and by that time I began to really see the advantages of living without kids, LOL - maybe that did the trick.

We saw our baby two weeks ago, to find out we weren't as far along as our OB originally guessed.

I'm at the tail end of my 1st trimester - and am really not sure how I feel about the pregnancy. Obviously I'm worried about testing, if they are safe, or necessary, would they give peace of mind or allow me to deal with any potential bad/sad news at a slower pace. I wouldn't say I'm fearful of certain things - but they are daily "what have I done?" thoughts. I wish I could be better at that.

I do not have a large support group this time around, which saddens me greatly. A lot of estrangements in the family. The isolation is made more so because DH doesn't wish to share our news yet with anyone we know. He would like to wait until we are somewhere in the 2nd trimester. Not being able to talk about it, particularly to my adult daughter who still lives with us has been difficult.

In the meantime, DH and I are new and first time homeowners so now we are planning (on paper) any renovations and baby-proofing...which has been sort of fun in and of itself. We play around with names, but haven't done any serious discussions.

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Subject: Re: First post - pg @ 41

Posted by [Tamara E](#) on Tue, 31 May 2011 21:40:14 GMT

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I'm so glad you've posted here, Jamie! I am praying for your morning sickness to be better soon. It always was for me once I hit the fourth month of pregnancy. (Although I had to be careful about

eating something regularly --small frequent meals with protein --all the way through my pregnancy.)

I hate that you are not able to share your joyful news with others yet --that would really make things more difficult. I can well remember the mixed feelings and hormone changes made things worse. You really can't trust all your feelings right now, can you? ;)  
(And I always loved, loved, loved babies! It was just hard to not worry at times --especially when you're starting all over again!)

I wish I could find the words to articulate just how much of a blessing our youngest has been to us, but alas! it's an immeasurable amount which defies all description. I can't tell you how many times I just look at her and silently say, "Thank You, Lord!" I trust in about ten years, you'll be in my shoes and be able to say the same thing! God knew what He was doing!

Every baby is a miracle. Babies conceived naturally past forty are even more so --and we will praise Him throughout eternity!

With love and hugs and continued prayers,  
Tamara

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