
Subject: Cantaloupe

Posted by [Jamie](#) on Tue, 16 Aug 2011 16:18:58 GMT

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Cantaloupe Week! Actually, only for a couple more days.

I can't believe the baby is already this big! We're still calling it blueberry, from being enamored that we had something so tiny.

Big news this week is that I finally bowed into my body's pressure and purchased a nursing bra. I purposely picked one out that 1) I could also sleep in, and 2) could grow with me in the cup area (and I purchased an extender). Oh my goodness do I feel better. I only purchased one....but I told my husband yesterday that I'm going on line (because the trek to the store is just silly long) and order a couple more. Heaven. Night and day difference. I would not have believed it. And the bras are so much softer (not prettier :roll:) than they were 20 years ago...woohoo!

My knitting is not coming along. Unhappy with my progress, and unskilled at how to fix a certain error, I ripped the whole thing apart to start over. So, I'm in the early stages with what feels like carpal tunnel, LOL, but I feel much more confident this go around I might not know how to fix my mistake, but I know how I made the mistake in the first place and am confident that I'll catch up quickly.

I'm starting to feel tired again....forcing myself not to take naps finally caught up with me last night, and I fell asleep at a semi-decent hour for a change (for a while I was taking naps and going to bed early but my night-owl started coming out again). I'm finally tackling some of those errands/chores I've been putting off.

The only other news is that I've changed prenats. I never knew (and therefore did not check) that some prenats are FOUR pills a day. My old ones were 1ce a day, so after I chose my prenats this go around by checking the nutrition not serving, I was popping one pill a day and feeling purty proud, let me tell you, that I've only missed a single day my entire pregnancy. Until, on another pregnancy board someone was venting about how they had to take FOUR pills and didn't realize it....I promptly checked....yep...my little Cantaloupe was being starved for vitamin/nutrition balance in his diet and I never knew it. I'm so mad at myself, since all the developmental things that really need the extra protection have already passed. With my m/s and my food aversion (for two weeks I think I ate like an anorexia I just couldn't do it) I feel so crummy for not reading the "directions" ... but really. So, yesterday, before it was time to take the next dose I hightailed it down and found another option that's only one pill a day...and now I'm on the

search for a fish oil pill that's kosher. Upping my weekly fish intake this week until I locate it.

And that's the news for this week. Hope all the other mommies out there are healthy and fine.

Subject: Re: Cantaloupe

Posted by [Tamara E](#) on Wed, 17 Aug 2011 17:20:44 GMT

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So good to hear you and your little melon are doing well. ;) I can remember crocheting blanket after blanket and quilting and embroidering all these little blankets and dainties for my babies during each of my pregnancies. Such a welcome way to spend the time --I felt connected with my baby and less guilty about resting so much since I felt I was being productive. :) (Of course, being pregnant is a VERY productive time of life even when one is resting!)
